

EMSELLA®

New at AFP

FACT: An average person spends \$900 each year on incontinence products



FACT: Emsella uses alternating magnetic energy to cause supramaximal contractions- much stronger than people could ever activate on their own.

28 relaxing minutes on the Emsella chair is equivalent to doing over 10,000 Kegels!

Emsella strengthens the pelvic floor muscles. The stimulation of these muscles improves bladder control and reduces incontinence. The treatment does not affect the organs. Emsella removes lactic acid during the treatment so you will not be sore later.*



FACT: A complete course = four treatments; each session runs 28 minutes and will be scheduled twice a week for two weeks (Minimum interval between sessions is 48 hours).

IMPORTANT INFORMATION

For men AND women:

- wear loose-fitting clothing
- no cell phones during treatment
- EMSSELLA cannot be used if you have any of the following:
 - Copper IUD (Paragard)
 - pregnancy
 - pacemaker
 - fever
 - currently in cancer treatment
 - electronic or metal implants

PRICING

--\$1,200 pre-paid for one year
(not covered by insurance)

--\$400 pre-paid for four sessions
(one complete course)

Patients AND Non-patients:

To book an appointment

Call 413-549-8400



**Research articles are available upon request*



FAQ

Q What is EMSSELLA?

A EMSSELLA uses alternating magnetic energy to cause supramaximal contractions. EMSSELLA strengthens the pelvic floor muscles. The stimulation of these muscles improves bladder control and reduces incontinence.

Q Is EMSSELLA right for me?

A Weakening of the pelvic floor muscles can occur at any time in a woman's life. Incontinence is a common issue caused by this condition. It can happen after giving birth, while growing older, or even because of hormonal changes during menopause. If you struggle with incontinence, pressure in the pelvic region, painful sexual intercourse, EMSSELLA is right for you! EMSSELLA is not just for women. Men can benefit too!

Q How long does the treatment take?

A A complete course = four treatments; each session runs 28 minutes and will be scheduled twice a week for two weeks.

Q Is there anything else I should know about EMSSELLA before I start treatment?

A You should plan to be here for at least 30 minutes. Wear loose-fitting clothes, bring a book or magazine, and be sure to keep your cell phone and other electronics turned off during treatment. There is a weight limit of 330 pounds to use the Emsella chair. 95% of patients have reported a substantial improvement in their quality of life after completing treatment!

Q Is EMSSELLA covered by my insurance?

A EMSSELLA is not covered by insurance. Our pricing starts at \$400 for all four treatments.

To book an appointment, call us at 413-549-8400